

MAY 2023

# OUR NEWS



**Mark 9 v 23**

**"Everything is possible for one who believes."**





# Party Time



Princess Elsa turned eight! She was so delighted with her new shoes that she slept with them next to her pillow. This warmed my heart to see as it shows the meaning these parties and gifts have for each child. Their sheer joy is our reward for the efforts we go to to make their birthdays unforgettable! You can be a part of memory making through a gift, cake or party treats; simply reach out to us to get involved.



## Catching Black Snow

Our homes are surrounded by cane fields, so having the black soot falling as snow is a common occurrence that creates a stir and sends the kids running about to catch the bits as they drift down.





# BASIC LIFE SUPPORT



A team from The Bay Hospital and Netcare EMS trained staff and teens on Basic Life Support and First Aid. The morning very informative, loads of fun and very professionally presented. While we were learning the younger kids made their own healthy snacks and were well entertained by Dr Swart and friends. The day was closed with lunch and a time to socially mingle.





## CAREER DAY



## PLAYDOUGH

# MAKE-BELIEVE

Kids play make-believe because it's fun, but did you know that imaginative play is also a vital component of normal child development and should be encouraged? Imaginative play, or make-believe, occurs when a child role-plays experiences of interest, either when playing alone or with others. There are several benefits that imaginative play contributes to a child's development. It fosters **creativity** by providing a safe space for children to act out scenarios of their choosing, including situations that they may not be able to experience in real life. It promotes **physical development** in a fun way. Activities such as fitting a doll's arms through her jacket's sleeves are great for **hand-eye coordination**. Galloping around on pretend horses helps with **gross motor development and coordination**. These opportunities allow kids to practice and develop their **language and social skills** by merely being with and talking to other children. It boosts the development of problem-solving and self-regulation skills when for example more than one child wants to be King of the castle, the child who does not get what he wants needs to learn how to manage unpleasant emotions for play to continue.



## DRESS UP TIME



## I'M A GARDENER





# OUTDOORS



Being outside in green spaces supports an active and healthy lifestyle, which has shown to increase life expectancy, improve sleep quality and reduce cancer risk. Along with supporting physical wellness, nature also bolsters mental wellness. All of these benefits add up and reduce adverse impacts on our bodies, and have restorative characteristics.

When children play outdoors they are given opportunities to explore, exercise, improve their physical strength, stimulate creativity, boost their vitamin D levels and improve social skills.

So get outdoors and enjoy nature's gift of wellness.





## PARTNER WITH US

# Current Needs

- Cooking Oil, Milk, Sugar
- Nappies & Formula
- Washing Powder
- Deodorant & Bath Soap
- Home Maintenance
- Travel Costs to Conference in Germany

An iKhaya  
Sunset



## A PERSONAL NOTE

Dear friends of iKhaya

We extend our thanks to everyone who sows into our home. We love partnering with you and having your contributions, be they financial, physical or practically, lightens our load. May God bless your harvest tenfold and may His Name be glorified through your generosity and through the work of our home.

We had a tough month health-wise. Not long after a bout of the Mumps, we had the flu do the rounds. What a crazy time we had with many children and staff being ill all at once. We are fully recovered and routines are back to normal. Thank you for your prayers.

Four learners changed schools recently and are all thriving and making new friends quickly. The youngest of them now catches the bus to school with an older "sibling". This was a rather scary experience for her which made the adjustment difficult. She has been super brave and now happily heads off to class, unaccompanied on arrival, to meet her friends. We are so proud of these kiddies!

We have kicked off early with our Christmas project and invite you to participate in our quest to replace the linen and give the bedrooms a makeover. Simply contact me to jump on board.

For those businesses looking at undertaking a Mandela Day Project please consider tackling an item on our home maintenance list. Contact me, or Jakes on 083 630 5253, to get involved.

With kindest regards  
Loessa, children and staff